



ESL Vocabulary Worksheet for Adults

Topic: ESL Conversation Exercises (Food & Cuisine)

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Introduction

Welcome to our Food and Cuisine conversation worksheet, aimed at enhancing your English conversation skills in the context of global culinary traditions. Engage in appetizing discussions and share your gastronomic experiences!

Would You Rather?

1. Would you rather try a new exotic dish or stick to familiar foods?
2. Would you rather cook a meal for a large group or dine alone at a fancy restaurant?
3. Would you rather eat only sweet or only savory foods for the rest of your life?
4. Would you rather learn to cook a new cuisine or perfect a dish you already know?
5. Would you rather give up spices or desserts?

Name 3 Items in the Category

1. Name three essential ingredients in Italian cuisine.
2. Name three utensils used in baking.
3. Name three street foods popular in Asia.
4. Name three types of bread from different countries.
5. Name three traditional dishes from your country.

Guess the Item Based on the Description

1. "A spicy Indian gravy dish typically made with cream, tomatoes, and chicken."
2. "A Japanese dish consisting of rice and fish often rolled in seaweed."
3. "A French pastry known for its flaky layers and buttery taste."
4. "A Mexican dish made of a folded tortilla filled with various mixtures, such as seasoned meat, beans, and cheese."
5. "An Italian rice dish cooked with broth and flavored with Parmesan cheese and other ingredients."
6. "A popular Middle Eastern dip made from chickpeas, tahini, lemon, and garlic."
7. "A traditional Spanish rice dish that often includes seafood, chicken, and vegetables."
8. "A type of thin pancake from France, often filled with sweet or savory fillings."
9. "A famous British dish consisting of fried fish and chips, typically served with tartar sauce."
10. "A traditional Chinese dumpling filled with meat and/or vegetables, commonly eaten during the Lunar New Year."

Hypothetical Scenarios


1. If you could open a restaurant, what cuisine would it serve?
2. Imagine you're a chef in a cooking show. What dish would you cook?
3. If you had to eat one cuisine for the rest of your life, what would it be?

4. Suppose you're hosting a dinner party for friends from different countries. What would you prepare?
5. If you could have a meal with any famous chef, who would it be and what would you ask them?

Discussion Questions

1. How does food play a role in cultural identity?
2. Discuss the importance of presentation in food.
3. What changes have you noticed in your local food scene recently?
4. How has global cuisine influenced your eating habits?
5. What do you think the future of food looks like?

Describe the Picture Activities

Prompts	Picture
Describe a picture of a traditional meal from an unknown culture.	

Look at a photo of a famous dish and discuss its ingredients.



Describe a picture of people enjoying a meal together and the setting.



Observe a picture of street food vendors and describe the atmosphere.



Look at an image of a festive food spread and discuss what occasion it might be for.



Vocabulary Building

1. Define "gourmet" in the context of food.
2. What does "organic" mean in relation to food?
3. Explain the term "fusion cuisine."
4. Discuss the meaning of "gastronomy."
5. Define "culinary arts" and its significance.

Food Traditions and Etiquette

1. Discuss food etiquette in different cultures.
2. What are some unique food traditions you know of?
3. How do meal times differ across cultures?
4. Discuss the significance of food in celebrations and festivals.
5. Talk about any unique dining experiences you have had.



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